



Scope of Service

Therapeutic Behavioral Services (TBS)

Service Area:	Butte, Glenn, Sutter, and Yuba County
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Program Philosophy
Teach, support, model, and encourage clients and caregivers to use a variety of behavioral techniques to reduce risk of out of home placement or hospitalization and to ensure client stays in their current placement, or support client while transitioning to another level of care.

Program Goal
Therapeutic Behavioral Services (TBS) is a one-to-one therapeutic behavioral contact between a mental health provider and a beneficiary for a specified short-term period which is designed to maintain the child/youth’s residential placement at the lowest appropriate level by resolving target behaviors and achieving short-term goals.

Program Description	
Service Type:	One-to-one behavioral modification, behavioral management, and training.
Service Location:	Services are provided in the family’s home and in the community.
Administrative Location:	260 Cohasset Rd. Suite 120 Chico, CA 95926 (530) 877-1965
Population Served:	Medi-Cal eligible children and youth at risk of hospitalization and/or moving to a higher level of care.
Hours of Operation:	Monday – Friday, 8:00 a.m. to 5:00 p.m., after hours and weekends as appropriate.

Service Abstract
<p>Client behavioral needs are assessed by the clinician of record in conjunction with the parents and others to determine the appropriateness of adding TBS as an adjunctive service. The TBS Program Manager or designee will participate in a family meeting to identify the specific behaviors that need modification and schedule TBS involvement. TBS is intended as a short-term intervention with a gradual decreasing of intensity as behaviors improve. Services are primarily one-to-one and as frequent as deemed necessary to intervene in the behavior. Regular reviews are conducted to monitor the improvement and frequency of interventions. Clients are reviewed by staff at least weekly with the Program Manager and Clinical Supervisor.</p> <p>TBS staff are Behavioral Health Counselors (BHC) or Mental Health Rehabilitation Specialists with specialized TBS training and work with supervision by the Program Manager and Clinical Supervisor.</p>

Entry and Exit Criteria

Program entrance is based on functional impairment and the determination of access criteria for Specialty Mental Health Services. Exiting the program is based on the reduction of the level of functional impairment and/or the determination that the client could benefit from a lower level of care.
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Referral, Transition, and Discharge
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All referral, transition, and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, considering clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s) and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretaker's as available and appropriate.

Agency Website:

www.youth4change.org
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